

# NORDIC ENERGY BOOSTER

Energy to perform every day!



It's in our nature

# NORDIC ENERGY BOOSTER

An ultimate dietary supplement complex with active vitamins and minerals that contributes to maintaining energy, supporting the immune system, providing normal muscle function and minimising fatigue and exhaustion.

## Made in Norway

Nordic Energy Booster helps to protect cells from oxidative stress in combination with Blueberry and Blackcurrant anthocyanins. It contributes to a normally functioning immune system and helps to reduce fatigue and exhaustion. This vitamin and mineral complex fights free radicals and increases the absorption of iron.

## For whom?

50 % of the European countries' population is deficient in one or more of the ingredients presented in the Nordic Energy Booster. These deficiencies cause a lack of energy and a lower quality of life. Therefore, we offer a unique product for all those who want to boost their energy and maintain physical & mental health with a good functional body. This composition provides what you need to live an active and longer life.

## What?

This unique antioxidant composition is produced in Norway and contains Vitamin C, Blueberry and Blackcurrant anthocyanins. Nordic Energy Booster perfectly complements Pure Arctic Oil and Vitamin K2+D3 and creates the best combination for your health. It contains only active, high-quality ingredients with documented biological effects and approved health claims.

## Anthocyanins & Antioxidants

Anthocyanins possess anti-diabetic, anti-inflammatory, anti-microbial and anti-obesity effects. This ingredient is documented to prevent developing cardiovascular diseases. Antioxidants, such as Vitamin C and Selenium, prevent the damaging of cells in the body from free radicals. They are also associated with potential anti-ageing effects.

## EU Health Claims



### Good for your energy

Vitamin C, Vitamin B complex and Iodine contribute to normal energy-yielding metabolism. Magnesium contributes to the reduction of tiredness and fatigue, and maintains normal fat metabolism.



### Good for your mental health

Magnesium provides resistance to mental stress and contributes to normal psychological functions.



### Good for your vision

Vitamin C and Zinc contribute to the maintenance of vision.



### Good for your immune system

Vitamin C contributes to a positive impact on the immune system during and after extreme physical exercise. Magnesium maintains the normal function of the immune system. Zinc supports the immune system.



### Good for your muscle function

Magnesium inhibits muscle cramps and maintains normal muscle contraction. Zinc supports normal muscle function.



### Good for your bones

Zinc contributes to the maintenance of bones.

## Additional information

### Iodine

Iodine is recognised as an essential mineral for our bodies that is naturally obtained from the ocean waters. Iodine contributes to normal cognitive and neurological function, normal energy-yielding metabolism, normal thyroid function, and thyroid hormones production.

### Water-soluble ingredients

Nordic Energy Booster contains a composition of various active water-soluble ingredients that secure high absorption. B-Vitamins are essential building blocks for a healthy body that can not be stored in the body. Therefore, we have to get them from our daily diet.

### Gives you energy

The complex of magnesium, iodine and vitamin B promotes energy production and is good for your muscles, providing faster recovery, less pain and stiffness. As a result, you get better exercise effects and reduce stress. Combining these ingredients in one tablet minimises the risk of muscle cramps after physical activity.

# DID YOU KNOW?

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Eqology uses a documented form of vitamin C called Ester C<sup>®</sup>, that is absorbed particularly well in the cells. Calcium ascorbate is a form of vitamin C used to prevent or treat low vitamin C levels. This type of vitamin C plays a vital role in the body. Moreover, the esterified vitamin C has a more prolonged effect and protection time than other vitamin C molecule forms. Ester C<sup>®</sup> is essential for maintaining good skin, teeth, bones, cartilage, and blood vessels. It is also used to preserve cells in the body from damage. Additionally, it is well known as an excellent antioxidant.

Read more on [eqology.com](https://eqology.com)

